



CELEBRATE WORKPLACE WELLNESS

Friday, May 5th at 4 p.m.

scan for info!



Walkers and runners - ALL fitness levels welcome!

FREE TRAININGS open to everyone:
Tuesdays through April 25th • 5:30 p.m.

Hosted by YMCA of Western North Carolina
Asheville Chamber parking lot top level (36 Montford Ave.)

www.chamberchallenge.org

THANKS TO OUR SPONSORS!



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